



Te Anga Hou - Changing of the Seasons
8 - 10 September 2021
Virtual Event

Day One - Kotahi Rā

Wednesday 8 September – Rāapa te waru o Mahuru

TIME			
11:30am	Virtual stream opens – Engagement with sponsors/ trade exhibitors		
Midday	Mihi Whakatau <i>Mana Whenua Hapū of Ōtautahi</i>		
12:15pm	Whakawhanaungatanga – Speed Networking		
12:20pm	Opening Address & Keynote Speaker: Dr Paul Wood <i>A powerful story of transformation</i>		
1.05pm	The Great Discussion: ‘Better’ v ‘Best’ practice – An ethical & cultural kōrero Nicky McCarthy, Julie Carter, Kate Syers, Jo Tamaki, Leigh O’Brien, Jasmine Walton, Nick Denniston, Christina Cullen		
1:50pm	Breakout spaces – small group discussion to facilitate reflection and networking		
2:00pm	BREAK - Engagement with sponsors/ trade exhibitors		
2:15pm	Concurrent Session 1 – Allergy	Concurrent session 2 – Mental Health	Concurrent Session 3 – Gerontology

2:15pm	Lifting the lid on Food Chemical Intolerances <i>Dr Merryn Netting</i>	Nutrition interventions in severe mental illness <i>Scott Teasdale</i>	Dietitians in Aged Residential Care – advocating for change <i>Dietitians Australia</i>
2:45pm	Lifting the lid on Food Chemical Intolerances <i>Dr Merryn Netting</i> Nutrition strategies for allergy prevention – <i>Dr Debbie Palmer</i>	Feeding Your Brain - the role of nutrition in depression & anxiety <i>Dr Jane Elmslie</i>	Developing Australian New Zealand guidance for identifying and managing malnutrition and frailty in the community <i>Shelley Roberts</i> The effect of International Dysphagia Diet Standardisation Initiative (IDDS)-tailored interventions on staff knowledge and Texture-Modified diets (TMDs) compliance in aged-care facilities <i>Sharon Wu</i>
3:15pm	Nutrition strategies for allergy prevention – <i>Dr Debbie Palmer</i>	A community approach to mental health <i>Jo Tamaki</i>	Chronic diarrhoea in older adults: how common is it and what is the impact on residents living in care? <i>Leigh O'Brien</i> Malnutrition screening, diagnosis and treatment in South Island Hospitals <i>Catherine Wall</i>
3:45pm	Breakout spaces – small group allergy discussion to facilitate reflection and networking	Breakout spaces – small group mental health discussion to facilitate reflection and networking	Breakout spaces – small group gerontology discussion to facilitate reflection and networking
3:55pm	BREAK - Engagement with sponsors/ trade exhibitors		

4.10pm	Concurrent Session 1 – Allergy	Concurrent Session 2 – Mental Health – Disordered Eating	Concurrent Session 3 – ICU & Research in Practice
4.10pm	Paediatric allergy workshop Case study presentations (small groups)	The impact of COVID-19 on eating disorders <i>Sylvia Pyatt</i>	Organ Failure in Intensive Care <i>Professor John Windsor</i>
4.40pm	Paediatric allergy workshop Case study presentations (small groups)	A private practice approach to mental health & disordered eating <i>Kate Syers</i>	Evaluating Gut Dysfunction in Intensive Care <i>Varsha Asrani</i> Research in Practice <i>Andrea Braakhuis & Sue MacDonnell</i>
5:10pm	Paediatric allergy workshop Case study presentations (small groups)	Disordered Eating – a parent’s perspective <i>Rebecca Toms - EDANZ</i>	Dietitian-led functional bowel disorder education groups are an effective way to manage waitlists in a NZ healthcare service <i>Anna Sloan</i> Reaching out for more effective management of malnutrition outpatient referrals <i>Anna Sloan</i>
5:40pm	Breakout spaces – small group allergy discussion to facilitate reflection and networking	Breakout spaces – small group mental health discussion to facilitate reflection and networking	Breakout spaces – small group gerontology discussion to facilitate reflection and networking
5:50pm	Summary remarks & Karakia		
5:55pm	End of Day 1		

Day Two - Rā e Rua

Thursday 9 September – Rāpare te iwa o Mahuru

TIME			
7:00am	Virtual stream opens - Engagement with sponsors/ trade exhibitors		
7:30am	Day 2 Welcome & Karakia: Chair of Dietitians NZ & Te Kahui Manukura o Kai Ora <i>Julia Sekula & Brittani Beavis</i>		
7:40pm	Breakfast Presentation sponsored by Nutricia: To fuss or not to fuss? What Dietitians can do for the fussy eater. <i>Dr Amy Lovell</i>		
8:25am	Whakawhanaungatanga – Speed Networking		
8:30am	Keynote Address: Kasey & Karena Bird		
9:15am	BREAK - Engagement with sponsors/ trade exhibitors		
9:30am	Concurrent Session 1 – Sustainable Food Systems	Concurrent Session 2 – Gastroenterology	Concurrent Session 3 – Diabetes & Health Technology
9:30am	Ending Hunger in Aotearoa by 2030 <i>Lisa Booth – Kete Kai</i> What is a food parcel? <i>Tammie Stroman – Kore Hiakai</i>	Medical Management of Ehlers-Danlos Syndrome <i>Dr Jenny Keightley</i>	New Medications in the management of Type 2 Diabetes <i>Dr Niranjala Hewapathirana</i>
10:00am	The middle-man matters - Re-distributing NZ's surplus food <i>Gavin Findlay - The NZ Food Network</i> A rights-based approach to food availability <i>Christina McKerchar</i>	Genetics & Diagnosis of Ehlers-Danlos Syndrome <i>Dr Alexa Kidd</i>	Advancement of insulin pump therapy in NZ with CGMS technology <i>Dr Martin De Bock</i>

<p>10:30am</p>	<p>Food loss in the New Zealand horticultural sector <i>Meg Thorsen</i></p> <p>Sustainable Food Systems Panel Discussion <i>Lisa Booth, Tammie Stroman, Gavin Findlay, Christina Mckerchar, Meg Thorsen</i></p>	<p>Ehlers-Danlos Syndrome in Practice – Case-Studies and Panel Discussion <i>Sarah Melton & Adrienne Speedy</i></p>	<p>Te Hononga Oranga (The Joining together of wellness): A Whakawhanaungatanga approach to a Diabetes Health Service. <i>Hamish Johnstone</i></p> <p>Views and experiences from health professionals providing dietary advice to women diagnosed with gestational diabetes mellitus in New Zealand: Preliminary findings from a qualitative study in 2020/21 <i>Sylvia North</i></p>
<p>11:00am</p>	<p>Breakout spaces – small group sustainable food systems discussion to facilitate reflection and networking</p>	<p>Breakout spaces – small group gastroenterology discussion to facilitate reflection and networking</p>	<p>Breakout spaces – small group diabetes & health technology discussion to facilitate reflection and networking</p>
<p>11:10am</p>	<p>BREAK - Engagement with sponsors/ trade exhibitors</p>		
<p>11:25am</p>	<p>Plenary session: Cultural safety and what this means for us <i>Iris Pahau</i></p>		
<p>11:55am</p>	<p>Breakout spaces – small group discussion to facilitate reflection and networking</p>		
<p>12:05pm</p>	<p>Summary remarks & Karakia</p>		
<p>12:10pm</p>	<p>End of Day 2</p>		

Day Three – Rā e Toru

Friday 10 September – Paraire te tekau o Mahuru

TIME			
9:30am	Virtual stream opens - Engagement with sponsors/ trade exhibitors		
10:00am	Day 3 Welcome & Karakia: Chair of Dietitians NZ & Te Kahui Manukura o Kai Ora <i>Julia Sekula & Brittani Beavis</i>		
10:10am	Whakawhanaungatanga – Speed Networking		
10:15am	Keynote Address: Re-imagining New Zealand’s health & disability system and the role of Dietitians <i>Department of Prime Minister & Cabinet</i>		
10:55am	Discussion based roundtables – Capturing your hopes & aspirations		
11:15am	Concurrent session 1 – Public Health & Food Industry	Concurrent session 2 – Dietetic-led pathways and novel approaches to dietetic care	Concurrent session 3 – Paediatrics
11:15am	Food Reformulation – The transformation over the last 13 years <i>Dave Monro</i> Non-perishable Meal in Minutes Kit <i>Jennie Verstappen</i>	Chronic nausea and vomiting pathway, Waitemata district health board <i>Amanda Whitford</i> Development of an innovative expert gastroenterology dietitian outpatient model of care. <i>Catherine Wall</i>	Māori First Foods: A Māori centred approach to understanding infant complementary feeding practices in Māori Whānau <i>Hannah Rapata</i> The effect of mild sleep loss on dietary intake and food type choices in children: A randomized cross-over trial <i>Silke Morrison</i>
11.45am	HSR 5 year review update <i>Rebecca Doonan</i>	Are Inflammatory Bowel Disease patients’ expectations met by dietetic services? <i>Nicky McCarthy</i>	Starting complementary feeding with vegetables only increases vegetable

	Food Industry initiatives supporting a health Aotearoa <i>Members of the DIFI SIG</i>	Exploring the impact of work-integrated learning on the mental health of dietetics students: supervisor perspectives <i>Reena Soniassy-Unkovich</i>	acceptance at nine months: a randomised controlled trial. <i>Jeanette Rapson</i> Evaluation of a Triple P community based family intervention 'Positive Parenting and Active Lifestyle' (PPAL) in Waitematā and Auckland area. <i>Gabrielle Orr</i>
12.15pm	BREAK - Engagement with sponsors/ trade exhibitors		
12.45pm	Learnings from the Beehive <i>Rob Beaglehole</i> Panel Discussion: The interaction of the public health sector and the food industry. <i>Dave Monro, Jennie Verstappen, Rebecca Doonan, Charlotte Moor, Rob Beaglehole</i>	The prevalence and practice impact of weight bias amongst New Zealand registered dietitians <i>Rajshri Roy</i> Preventing future weight regain post bariatric surgery - barriers and enablers reported by CM Health patients. <i>Gypsy Bullen</i>	A qualitative approach to understanding young child feeding practices of Māori and Pacific parents in Auckland, New Zealand <i>Gabrielle Orr</i> Presentation – TBC
1:15pm	Breakout spaces – small group public health & industry discussion to facilitate reflection and networking	Breakout spaces – small group discussion to facilitate reflection and networking	Breakout spaces – small group paediatric discussion to facilitate reflection and networking
1:25pm	Return to plenary for closing session - Engagement with sponsors/ trade exhibitors		
1:30pm	Plenary session: The Great Debate: The Ministry of Health Eating & Activity Guidelines for Adults are synonymous with sustainable practice <i>Deb Sue, Nickie Hursthouse, Evelyn Mete, Claire Gibson, Rob Beaglehole, Summer Wright, Rebekah Jones, Tyla Goodsell-Matthews</i>		
2.15pm	Summary Remarks & Karakia		

2:20pm	Maumahara – closing of conference <i>Mana Whenua Hapū of Ōtautahi</i>
2:35pm	End of Conference