



## Te Kākano – The Seed

31<sup>st</sup> August – 1<sup>st</sup> September 2022

Christchurch Town Hall, Ōtautahi – Christchurch & Virtual Events Platform

### Day One - Kotahi Rā

Wednesday 31<sup>st</sup> August – Rāapa te toru tekau ma tahi o Here-turi-kōkā

TIME			
8.00am	<b>Registration Desk Open</b> Tea and Coffee available		
9.00am	<b>Mihi Whakatau (Facilitated by Kai Tahu/ Ngāi Tūāhuriri)</b>		
10:00am	<b>Paramanawa – Morning tea</b>		
10.30am	<b>Opening Address</b> <i>Moira Styles &amp; Tyla Goodsell-Matthews</i>		
10:40am	<b>Whakawhanaungatanga – Speed Networking</b>		
10:45am	<b>Keynote speaker: A powerful story of transformation</b> <i>Dave Letele</i>		
11.45am	<b>Keynote speaker: Exploring your unconscious bias</b> <i>Dr. Seini Taufa</i>		
12.30pm	<b>Tina – Lunch</b>		
1:15pm	<b>Concurrent Session 1: Leading through Influence &amp; advocacy</b>	<b>Concurrent Session 2: Paediatrics</b>	<b>Concurrent Session 3: Sports supplement symposium</b>

	<p>Creating positive change <i>Georgie Hackett, Advocacy Answers</i></p> <p>Advocacy in action – what we can learn from our Canterbury colleagues <i>Tory Crowder &amp; Helen Little</i></p> <p>Influencing through relationships <i>Holly Bennett, Engage</i></p>	<p>Paediatric nephrotic syndrome – childhood &amp; congenital, including a discussion of case studies <i>Stella Friedlander</i></p>	<p>Dunedin-based Pasifika Rugby Players' Experiences and Perceptions of Food and Nutrition Education <i>Tino Atonio-Johnston</i></p> <p>Understanding the AIS Supplement Framework <i>Associate Professor Gary Slater</i></p> <p>Sports Supplements in the NZ context <i>Jeni Pearce</i></p> <p>Supplements from an industry perspective <i>Karen Brown, Batch Tested</i></p> <p>Protein fortified foods &amp; protein supplements <i>Sara Richardson</i></p>
<b>2:50pm</b>	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking
<b>3.00pm</b>	<b>Paramanawa – Afternoon tea</b>		
<b>3:30pm</b>	<p><b>Concurrent Session 1: Sustainability, food systems &amp; community based LTC prevention</b></p> <p>University students' attitudes towards plant-based proteins and willingness to replace meat with plant-based proteins <i>Abbie McPhail</i></p> <p>Effective strategies to decrease animal protein and/or increase plant protein uptake in foodservice settings <i>Garalynne Stiles</i></p> <p>Embracing sustainable practice in food industry <i>Penny Bailey, The Pure Food Co</i></p>	<p><b>Concurrent Session: Paediatrics</b></p> <p>Paediatric Crohn's Disease <i>Stephanie Brown</i></p> <p>Paediatric Crohn's disease case studies <i>Paediatric SIG, facilitated by Stephanie Brown</i></p>	<p><b>Concurrent session 1: Bariatric</b></p> <p>Achieving equitable outcomes for bariatric patients <i>Dr Mark Stewart &amp; Brittani Beavis</i></p> <p>Nutrient deficiencies and interpreting nutritional blood results in the bariatric patient <i>Adrienne Speedy</i></p> <p>Cost and micronutrient comparison of bariatric supplements <i>Katie Lambert</i></p>

	<p>Growth and Change: The 10 Year Evolution of the Whānau Pakari Programme for Children and Adolescents with Obesity. <i>Niamh McCormack</i></p> <p>Heart Foundation and My Food Bag partnership brings heart-healthy eating to life <i>Lily Henderson &amp; Catherine Bell</i></p>		
<b>4:50pm</b>	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking
<b>5.00pm</b>	<p><b>Awards Ceremony &amp; Social Function</b> <i>Including Thesis Presentations Bernice Kelly Award Winners</i></p>		

## Day Two – Rā e Rua

Thursday 1<sup>st</sup> September – Rāpare te tahi o Mahuru

<b>TIME</b>			
<b>7.30am</b>	<b>Registration Desk Open</b> Tea and Coffee available		
<b>7.30am</b>	<b>Breakfast Presentation: Precision Probiotics: Utilising Targeted Strains</b> <i>Dr Colleen Cutcliffe</i>		
<b>8.30am</b>	<b>Day 2 Welcome:</b> <i>Tracy Coote &amp; Brittani Beavis</i>		
<b>8:40am</b>	<b>Whakawhanaungatanga – Speed Networking</b>		
<b>8:45am</b>	<b>Keynote Speaker: The best way to predict the future is to create it</b> <i>Dr. Michelle Dickinson AKA Nanogirl</i>		
<b>9.35am</b>	<b>Plenary session: Connect and influence through storytelling</b> <i>Andrew Melville, Spoke</i>		
<b>10.30am</b>	<b>Paramanawa – Morning tea</b>		
<b>11:00am</b>	<p><b>Concurrent session 1: Gastroenterology</b></p> <p>Nutritional therapy for adults with Crohn’s disease in a hospital outpatient clinic <i>Dr. Catherine Wall</i></p> <p>Feasibility of using nutritional therapies preoperatively in adults with Crohn’s disease. <i>Dr. Catherine Wall</i></p> <p>Food-related quality of life in children and adolescents with Crohn Disease <i>Stephanie Brown</i></p>	<p><b>Concurrent Session 3: Business Management</b></p> <p>Untangling financial admin! What you need to know in business. <i>William Buck Accounting</i></p> <p>How to be successful in private practice! <i>Tyson Tripcony</i></p> <p>Selling products, Advertising &amp; using testimonials as a Dietitian <i>Peter Fernando, Duncan Cotterill Law</i></p>	<p><b>Concurrent session 3: Rethinking Renal Part 1</b></p> <p>Time to retire the renal diet – Implications for NZ Dietitians regarding the 2020 AND/ KDOQI Clinical Practice Guidelines for nutrition in CKD <i>Lyn Lloyd</i></p> <p>Early Chronic Kidney Disease (CKD) &amp; sowing the seeds for nutrition success – Improving quality of life &amp; outcomes for people with CKD <i>Jenny Robb</i></p>

	<p>Chronic diarrhoea in older adults: prevalence in aged care <i>Leigh O'Brien</i></p> <p>Coeliac Disease in Adults <i>Anna Richards</i></p>		<p>Nurturing your patient with CKD through a bariatric journey <i>Sarah Shaw</i></p>
<b>12:20pm</b>	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking
<b>12:30pm</b>	<b>Tina – Lunch</b>		
<b>1.30pm</b>	<p><b>Concurrent session 2: Pregnancy Maternal &amp; Women's Health</b></p> <p>Pregnancy &amp; bariatric surgery <i>Liz Goodall</i></p> <p>Prevalence of screening rates for gestational diabetes in high-risk ethnicity groups at Christchurch women's hospital. <i>Liz Love</i></p> <p>Creation of a dietitian-led gestational diabetes diet controlled telehealth pathway at Christchurch women's hospital. <i>Liz Love</i></p> <p>Title: Iron status of infants and their mothers prior to starting complementary feeding <i>Lesley Savage</i></p> <p>The link between dietary diversity and body composition in women living in New Zealand. <i>Professor Rozanne Kruger</i></p>	<p><b>Concurrent session 2: Oncology &amp; service delivery</b></p> <p>Working to prevent cancer – latest news &amp; research <i>Julia Bryson</i></p> <p>Improving outcomes for Māori cancer patients in Ōtautahi, Christchurch <i>Kelly De Castro</i></p> <p>Changing the way we deliver services to improve the care of cancer patients <i>Tess Luff, Te Aho o Te Kahu   Cancer Control Agency</i></p> <p>Effectiveness of multidisciplinary input in the conservative management of osteoarthritic patients presenting to the orthopaedic service <i>Reishma Edward</i></p>	<p><b>Concurrent session 3: Rethinking Renal Part 2</b></p> <p>Never a <i>dahl</i> moment: Managing the Indian vegetarian diet for CKD <i>Danika Pillay</i></p> <p>Growing into the future – Its time to change the approach to nutrition education for people with hyperkalemia <i>Sharleen Nancekivell</i></p> <p>Considerations for the older person with CKD <i>Jessie Casas</i></p>
<b>2:50pm</b>	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking	<b>Breakout spaces</b> – small group discussion to facilitate reflection and networking

<b>3:00pm</b>	<b>Paramanawa – Afternoon tea</b>		
<b>3:30pm</b>	<b>Plenary session: Only dietitians should practise dietetics</b> <i>Affirmative team: Tom Shand, Breanna Edge-Woodall, Andrea Palmer, Dr. Andrea Braakuis</i> <i>Negating team: Helen Gibbs, Chirag Jivanji, Conrad Goodhew, Charlene Tan-Smith</i>		
<b>4.30pm</b>	<b>Maumahara – closing (Facilitated by Kai Tahu/ Ngāi Tūāhuriri)</b>		

#### Notes

- All eating occasions will be preceded by karakia
- Pack-in for Trade exhibitors is Tuesday 30<sup>th</sup> August
- The AGM will be held virtually later in September.